

SPA DAYS

AROMA SPA DAY £159.00

Indulge yourself completely with an Aroma Full Body Massage, our Prescriptive Express Facial, 'Perfect My Toes' Deluxe Pedicure and finish with a Mini Manicure.

Enjoy use of the pool and the health club facilities for the day.

Total treatment time 2hr 35mins.

HARMONY SPA DAY £124.00

Welcome to well-being. Start with a Swedish Back Massage then enjoy our Prescriptive Express Facial finishing with either the Deluxe Pedicure 'Perfect My Toes' or our Luxury Manicure. Enjoy use of the pool and the health club facilities for the day.

Total treatment time up to 1hr 45mins.

PURE SPA DAY £72.00

Includes a Swedish Back Massage & a Prescriptive Express Facial.

Enjoy use of the pool and the health club facilities for the day.

Total treatment time 50mins.

TERMS & CONDITIONS

Times stated indicate the length of the treatment. Spa Days payment taken in advance. We advise you arrive 10 minutes prior to your treatment. For individual treatments we request 24 hours' notice to cancel an appointment, otherwise the full cost of the treatment/s will be charged.

Further details of our treatments & spa days are available on our website.



Peasmarsh, East Sussex TN31 6YH | 01797 230651
www.flackleyashhotel.co.uk | enquiries@flackleyashhotel.co.uk



THE BEAUTY ROOMS

TREATMENT GUIDE & SPA DAYS

TRADITIONAL SWEDISH MASSAGE

SWEDISH FULL BODY & FACE*	60 mins	£64.95
SWEDISH FULL BODY*	50 mins	£59.95
SWEDISH BACK, HEAD, NECK & SHOULDERS*	30 mins	£39.95
SWEDISH BACK MASSAGE*	25 mins	£36.95

AROMA PURE MASSAGE

*PERSONALISED MASSAGE WITH AN AROMA OF YOUR CHOICE**

AROMA FULL BODY & FACE*	60 mins	£67.95
AROMA FULL BODY*	50 mins	£64.95
AROMA BACK, HEAD, NECK & SHOULDERS*	30 mins	£43.95
AROMA BACK MASSAGE*	25 mins	£39.95

HOT STONE MASSAGE

NATURAL & THERAPEUTIC

BACK MASSAGE	25 mins	£49.95
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FACIAL TREATMENTS

Our facial treatments use skincare products containing the finest natural ingredients with a high concentrate of flower & plant extracts cultivated by skin care specialists in Northern Italy. Lanolin & Paraben free.

LUXURY FACIAL including mini back massage	50 mins	£54.95
PRESCRIPTIVE EXPRESS FACIAL	25 mins	£38.95

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YOUR HANDS & FEET

FILE, SHAPE & NAIL COLOUR FOR YOUR HANDS OR FEET	20 mins	£18.95
MINI MANICURE	25 mins	£27.50
LUXURY MANICURE	50 mins	£38.95
MINI PEDICURE	25 mins	£32.50
PERFECT MY TOES PEDICURE	55 mins	£44.95

HAIR REMOVAL

FULL LEG	£27.50
HALF LEG	£19.50
BIKINI	£16.95
FULL LEG & BIKINI	£34.50
TOP LIP / CHIN / EYEBROWS	£12.95
TOP LIP & CHIN	£19.95

EYE TREATMENTS

EYE LASH TINT**	£13.50
EYE BROW TINT**	£9.50
LASH & BROW TINT**	£21.95

*** Sensitivity test required 24 hrs before treatment. * not suitable for pregnant women.*

01797 230651 enquiries@flackleyashhotel.co.uk